

PART A - CHOICE ITEMS

ACTIVITY 1

Read the text and choose the best answers (A, B, or C) for items 1a-7a.

SPORTS HISTORY MAGAZINE

FRIDAY, May 25, 2017

Women's football

It's becoming more and more popular

Football has been played since the times of the Ancient Greeks and the Romans.

Did you know there is a vessel in a museum in Piraeus with a man balancing a ball on his leg? Nowadays many of us support football teams and are passionate about them. But what do you know about women's football? Did you know that it is now the leading team sport played by women in the world?

It is played at a professional level with women earning money, not just playing as a hobby. In 2018, 176 teams have been playing at a national level. Women now play in the UEFA Women's Championships, the Women's World Cup and the Olympics. The current World Champions are the United States who won in Canada in 2015. Women's football is now being shown on TV channels all over the world as it grows in popularity.

Women's football has faced many challenges throughout its history. It was very popular in the United Kingdom in the early 1920s, when one match had over 50,000 spectators.



Football player
Maria Lazarou

Juha Tamminen photography

That is more than you find at many men's games today. However, in 1921 women were stopped from playing in the United Kingdom because some people said women must not play football. It was a game only for men. Women were not allowed to play for clubs in the UK until July 1971.

Greece is one of the countries that has an international women's football team. The most famous player is Maria Lazarou who played 111 times for Greece between 1991 -2004 and scored 26 goals. She played for Greece in the 2004 Summer Olympics in Athens. The best result Greece has ever had is when they beat Lebanon 14-0 in March 2015.

ATTENTION

- Try to answer all the questions.
- Mark your answers on Answer Sheet 1 [ΑΠΑΝΤΗΤΙΚΟ ΕΝΤΥΠΟ 1].
- Provide ONE answer for each item.
- You have **85 minutes** to complete this part of the exam.

ACTIVITY 3

Read the text and fill in gaps 14a-20a with the best option (A-H). Use each option only once. There is one option you do not need.

A. on	B. to	C. up	D. by
E. at	F. from	G. about	H. in

CINEMA FOR ALL

Lion

a film review





"Lion" is the incredible true story based on an autobiographical non-fiction book, *A Long Way Home*, written by Saroo Brierley. It's **(14a)** _____ what happened to Saroo as a five-year-old child. The film opens in 1986 when he becomes separated **(15a)** _____ his mother, eventually curling up and falling asleep on a stationary train. He awakes to find himself on a moving train that takes him from his rural home the whole way across India to the city of Calcutta, far away from his home and family. The city's delights, as well as its dangers, are filmed **(16a)** _____ the acclaimed Australian cinematographer Greig Fraser. After surviving **(17a)** _____ the streets for months, 1600 kilometres from home, Saroo is adopted by an Australian couple and taken to live **(18a)** _____ another country. Years later, as an adult living in Tasmania, Saroo is still haunted by the fading memories of his childhood, and the familiar sights and smells he grew up with. Twenty years after becoming lost, he embarks on a mission **(19a)** _____ find his birth mother back in India with the help of Google Earth.

Saroo is played by Sunny Pawar as a young child, and by Dev Patel of *Slumdog Millionaire Fame* as an adult. His adoptive mother is played by Nicole Kidman. The film, which was released in 2017, won a number of awards **(20a)** _____ the British Academy Film Awards, including best actor in a supporting role for Patel. It was nominated for a number of Oscars as well.

ACTIVITY 4

Read the text ON THE NEXT PAGE and decide if the statements below (21a-25a) are True (A), False (B) or Not stated (C).

STATEMENTS		A	B	C
		TRUE	FALSE	NOT STATED
According to the text,				
21a.	the basic aim of the text is to give information about how to cook a pizza.			
22a.	pizza was invented by Queen Margherita.			
23a.	the recipe tells us what to put on the pizza dough.			
24a.	you can prepare the dough and cook a pizza in less than an hour.			
25a.	pizzas are good for your health.			

https://www.bbcgoodfood.com/recipes/291609/pizza

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Pizza

Want to know how to make a real Italian pizza?

★★★★★ (11 ratings) By **John Torode**

PREP: 40 MINS
COOK: 1 HR, 10 MINS

EASY

MAKES 6

Pizza is the most popular Italian food abroad. Pizza wasn't even invented until the 19th century. When Queen Margherita visited Naples in 1889, a local pizza baker made a pizza with the colours of the Italian flag: red tomatoes, white mozzarella, and green basil. It's now called the pizza margherita. Getting the dough right is the most important thing with a pizza!

What you need to make an Italian pizza

- 600 ml of warm water
- 7 cups (1kg) flour
- 2 teaspoons (7-8 grams) of dried yeast
- 6 tablespoons of extra virgin olive oil
- 1.5 teaspoons salt
- 2 teaspoons sugar
- chopped tomatoes, mozzarella and basil

How to make your pizza

Kids love making pizza, too!

1. Put the yeast into a bowl with the warm water.
2. Put the flour on the table in the shape of a volcano.
3. Pour the yeast-and-warm-water mix, along with the other ingredients, into the "crater" of the volcano.
4. Mix everything together with your fingers for 10 to 15 minutes and put the dough in a bowl.
6. Cover the bowl and leave the dough for at least four hours.
8. Preheat the oven to about 400°F, or about 200°C.
9. Put the dough onto the floured surface.
10. Divide the dough in half and let it rest for a few minutes.
11. Roll each bit into a plate-sized disk.
12. Put the dough onto an oiled flat pan.
13. Add the chopped tomato. Brush the edges of the crust with a little bit of olive oil.
14. Bake each pizza for about 10 minutes, then add mozzarella cheese on top and chopped basil.
15. Let the pizzas bake until the cheese is melted.

Magazine
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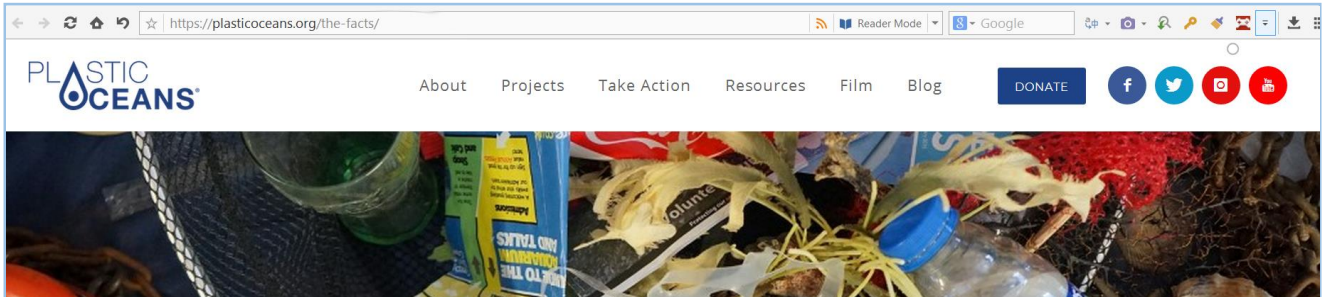
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ACTIVITY 5

Read the text below and choose the best answer (A, B or C) for items 26a-31a.



Plastic in our Oceans

What is the problem?

We've all seen plastic bottles, food wrappers and plastic bags polluting beaches and have been horrified by the stories of marine creatures like seabirds and whales starving when their stomachs become full of plastic. Scientists say that up to 12 million tons of plastic are entering our oceans every year. There are whole areas of plastic that are floating in our oceans. Single-use plastic packaging for food and drink is one of the main causes of the problem.

How does plastic get into our oceans?

Some plastic comes from ships and as a result of fishing, but 80% of litter in the seas comes from land. The majority of plastic waste has simply been dumped in places called landfills. When it's in landfills, plastic is at risk of blowing away and ending up in rivers or oceans. Plastic litter is also a risk. That's plastic that is dropped in streets or in the environment. These plastic items can be carried by wind and rain into our rivers that then flow into the sea. Just 10 rivers are carrying 90% of the plastic entering the oceans. Two of them are in Africa – the Nile and the Niger – while the others are in Asia including the Ganges and the Yangtze. These rivers carry around 1 to 2 million tons of plastic into the sea every year.

Holidaymakers visiting beaches and leaving behind their bottles, food packaging and cigarette butts on the sand contribute to plastic getting into the ocean.

Many people have been horrified to discover that tiny pieces of plastic known as microbeads have been added to all sorts of personal care and cosmetic products that are washed directly down the drain – from face scrubs to shower gels to toothpaste. These plastic pieces remain in water that may end up flowing into the ocean.

We have to do something

Poor standards in industrial processes are responsible for some plastic getting into the environment. To end this, we need businesses to reduce the amount of single-use plastic they sell and to cut down on the plastic that is thrown away. We must make sure we stop plastic escaping into our environment and flowing into the oceans.

Some countries are taking action

Greece has introduced a charge on plastic bags in supermarkets as from January 2018. The UK, the USA and Canada have banned products containing microbeads. Many countries have already banned the use of plastic straws in bars and cafes. Norway has introduced a deposit that customers have to pay on every plastic bottle. They pay a deposit of 11 to 28 cents depending on the size of the bottle. If they are not disposed of correctly, the customer loses the deposit. A community in Cornwall, in the UK, have set up a project to collect plastic litter from its beaches and recycle it into plastic kayaks that local people can use to collect more litter from the sea.

We must act now to protect our oceans and our marine life. It's not too late!

- 26a. What is the purpose of the text?
 A To inform readers. B To survey readers. C To amuse readers.
- 27a. Which of the following does the text suggest?
 A It is too late to do anything. B Businesses cannot help. C Something must be done now.
- 28a. According to the text, one of the biggest problems is
 A plastic straws. B plastic in bath products. C used packaging thrown away.
- 29a. According to the text, most litter in our seas comes from
 A holidaymakers. B the land. C ships.
- 30a. According to the text, some countries are
 A ignoring the problem. B unaware of the problem. C taking steps to reduce the problem.
- 31a. The text suggests the problem of plastics in our oceans can
 A be resolved. B be explained. C be forgotten.

ACTIVITY 6

Read the text and fill in the gaps 32a-37a with the best option (A-H). Use each option only once. There are two options you do not need.

A. newborn	B. collective	C. science	D. future
E. brings	F. protective	G. participate	H. substantial

SCIENCE TODAY

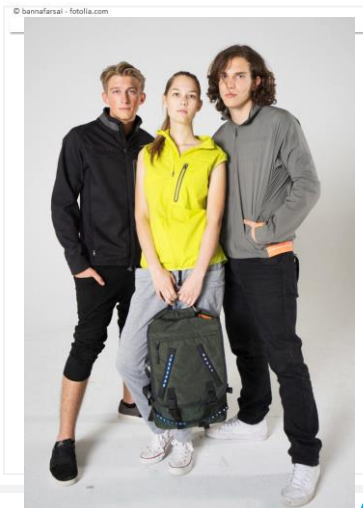
Industrial research: Materials & products

Towards the development of 'smart' clothing

Clothing embedded with electronic sensors and microprocessors was once the stuff of (32a) _____ fiction and films. Now an EU-funded project is looking at ways of improving manufacturing techniques required by e-textiles. The results could lead to a new generation of interactive, or 'smart', (33a) _____ clothing and footwear that can monitor health, activity and location.

This project has received (34a) _____ funding from the European Union's "Horizon 2020" Research and Innovation Programme. Greece is one of the countries planning to participate in the project with five (35a) _____ businesses.

The project brings together experts from different countries for a (36a) _____ effort on creating innovative e-textile product designs. This will certainly not only help (37a) _____ generations of entrepreneurial researchers; it will hopefully impel young people to a research career in textile electronics.



ACTIVITY 7

Match each part of the text (38a-43a) with one of the main ideas (A-H). There are two options you do not need.

A.	Job opening at OFB	B.	OFB helps many local charities	C.	OFB gets no state funding	D.	OFB has two basic aims
E.	Alternating roles in OFB management	F.	Volunteer to work for OFB needed	G.	At OFB there are many unpaid helpers	H.	Food provided to charities not families

The Oxford food bank

Feeding the Community: Protecting the Environment

Home
Food Waste
About Us
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Home

38a
Oxford Food Bank (OFB) is a non-profit organisation that wants to reduce (a) food waste in the Oxford area, and (b) food poverty within the local community. It collects good quality fresh food from local supermarkets and delivers it for free to aid organisations in the area. For every £1 we receive in donations we deliver around £20 worth of fruit, vegetables, bread and dairy products. That’s currently well over £1 million worth of food a year!

39a
Currently we do not receive any money from the UK Government to support our operations. So, we are totally reliant on donations from individuals and organisations.

Help us help others

Helping Hand



40a
OFB has over 100 volunteers who have different roles. For example, there are drivers and helpers who pick up food from suppliers and deliver it to charities. Each shift takes about three hours and involves some physical effort, like lifting large boxes and sacks of food. Drivers must be at least 25 years old, experienced in driving a delivery van.

41a
Please note that we do not supply food directly to individuals or families. If you are in a position where you need support, but do not have access to food through another charity, then you should contact your local Social Services department.

42a
OFB currently supply around 80 local charities with free food, so as to reduce their costs. It provides a wide range of fresh food making sure that they have enough to give to the less fortunate members of the community.

43a
There is a vacancy for someone to organise fund raising, maintain the website and to do general administrative work to support the charity. The job is part time, 10 hours a week and pays £9 per hour. Contact us for further information.

Donations

Click here to donate

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ACTIVITY 8

Read the text and decide if the statements below (44a-50a) are True (A), False (B) or Not stated (C).

From an interview with author Jenny Quintana

A stunning debut, *The Missing Girl* by Jenny Quintana is a gripping novel full of twists and turns, and a desperate hunt to solve a decades-old mystery.



What is the story about?

The *Missing Girl* is about Anna whose adored older sister, Gabriella, goes missing as a teenager. Heartbroken at her loss, Anna moves away from her childhood home as soon as she can, living in London and then making a new life for herself in Athens. Thirty years later her mother dies, and she's forced to return to her village. Now Anna, confronted by her memories, finds herself asking the question once again: what really happened to Gabriella? The story alternates between past and present as Anna finally pieces together the truth of what really happened to her sister.

What made you want to be an author?

I was an avid reader when I was a child, progressing from novels written by English authors such as Enid Blyton and Agatha Christie to classics written by novelists from Britain and from around the world. Authors were my heroes and I always dreamed of being a writer too.

What kind of books do you like?

I love novels of different genres from crime to psychological thrillers to literary fiction. Right now, I read a lot of contemporary fiction as I like to know where my own writing fits. I read

novelists of all nationalities and one of my current favourites is the Italian novelist Elena Ferrante. I love the way she depicts her characters and their relationships and her descriptions of Italy and society.

How can people buy the book?

The *Missing Girl* is available as a hardback and as a paperback in bookshops and on Amazon. Readers can also download the novel as an eBook or as an iBook and it's available as an audio book. One of the things I love about publishing today is that there are so many ways that readers can get hold of their favourite books, depending on their preference.

What advice would you give to someone who'd like to be an author?

My greatest piece of advice is to make time for your writing. No matter how busy you are with work and family or other commitments, it's important to recognize that writing is important too. Also, this might seem obvious, but if you are writing a novel, you must finish the book. Otherwise there's nothing to edit or send out to agents and publishers. It doesn't matter what the first draft is like. You can always change it afterwards.

STATEMENTS		A	B	C
		TRUE	FALSE	NOT STATED
44a.	The author gives a personal view of being a writer in the interview.			
45a.	The interview questions include a reference to the author's family.			
46a.	The author has written many novels already.			
47a.	The main character in the story has unanswered questions about her past.			
48a.	The author says she likes reading historical novels.			
49a.	There are plans to release a film of the novel.			
50a.	The author thinks you must set aside time to write.			

PART B - SHORT ANSWERS

ACTIVITY 1

Fill in gaps 1b-5b with the right word, so that the text makes sense.

Browser address bar: <https://mygreekholiday.gr/>

Website Logo: MY GREEK HOLIDAY

Navigation: Προορισμοί EDITORS CHOICE OUTDOOR NEWS EXTRA T(R)IPS TRAVEL STORIES ART & CULTURE

Wildlife watching in Greece

From watching dolphins at sea to seeing wildlife on land, Greece's national parks offer lots of incredible wildlife encounters. Read about three of the best.

Dolphins

You quite often see dolphins (1b) _____ you take a boat trip in Greece. One of the best places to see them is the Alonissos Marine Park in the Sporades islands. As Greece's first marine park and the largest marine protected area in Europe, it is a great place for anyone keen to find out (2b) _____ Greece's ocean life. Take a boat trip around the islands for a chance to see dolphins swim and jump out of the water.

Bears and wolves

Some people do not think of Greece having green forests and mountains, but in Pindus National Park in the north you'll find a large population of the only bear species living in continental Europe – the brown bear. You will (3b) _____ find packs of wolves living in the park. You'll be lucky to spot either of these in the wild, so visit the bear and wolf sanctuaries further north in Nymfaio and Agrapidia for more of a chance of seeing both and the opportunity to learn about them.

Kingfishers

There are (4b) _____ than four hundred species of birds in Greece, and the Kingfisher is one of the most beautiful. This lovely bird is found in Greece all year round, but it is spotted more easily during winter. It feeds on small fish caught by its beak when it dives. The fast and colourful flight distinguishes the Kingfisher from (5b) _____ birds and it makes one of the most loved species for all nature lovers.

ACTIVITY 2

Fill in gaps 6b-10b with the most appropriate word, so that the texts make sense.

Two of the best apps available for free

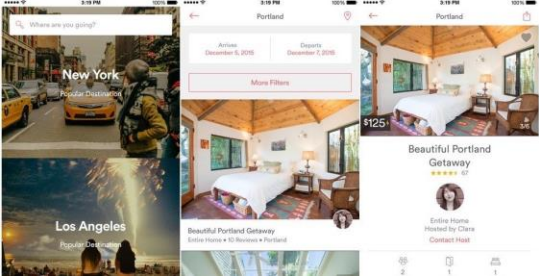
Airbnb

Thanks to Airbnb, it's never been **(6b)** _____ to find a cheap place to stay almost anywhere in the world. Download the app and just key in where you want to go. You'll be likely to see all kinds of places from hosts renting out their spare rooms to people renting their entire homes.

The app has helpful search filters and in-app messaging for contacting hosts and takes a lot of the stress out of finding a place to stay.

Traditional hotels are so worried by Airbnb, which is often much **(7b)** _____ than a hotel room, that some are trying to make their rooms look more like homes than hotels.

Price: Free
Available on: iOS, Android



Lark

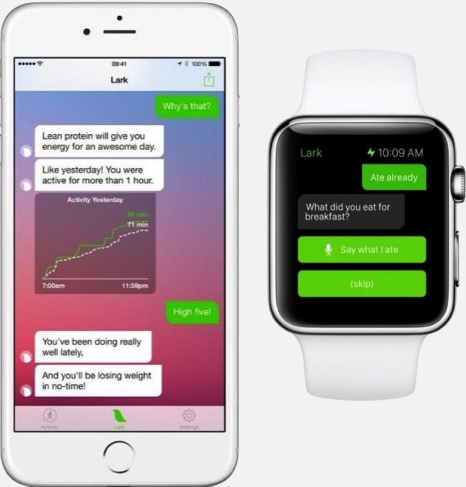
Lark uses a mix of artificial intelligence and human experts to help people lose weight and get fitter. The app **(8b)** _____ you track your workouts and meals and has a texting interface to make it seem like you're communicating one-on-one with a personal health coach.

The idea is to make it really **(9b)** _____ to track meals and exercise. Just tell Lark what you had to eat and it will give you nutrition coaching based on your goals and past eating habits.

The app also **(10b)** _____ your smartphone to track your workouts for you.

Lark was named most innovative digital health products of the year by a leading research organisation in the US. The app is free to use. We all need to try and develop healthier lifestyles. This app just may help you to do it.

Price: Free
Available on: iOS, Android



ΣΑΣ ΥΠΕΝΘΥΜΙΖΟΥΜΕ ΟΤΙ ΠΡΕΠΕΙ ΝΑ ΜΕΤΑΦΕΡΕΤΕ ΟΛΕΣ ΤΙΣ ΑΠΑΝΤΗΣΕΙΣ ΣΤΟ ΕΝΤΥΠΟ 1
ΤΕΛΟΣ ΜΗΝΥΜΑΤΟΣ