

ΠΑΝΕΛΛΗΝΙΕΣ ΕΞΕΤΑΣΕΙΣ Γ' ΤΑΞΗΣ  
ΗΜΕΡΗΣΙΟΥ ΓΕΝΙΚΟΥ ΛΥΚΕΙΟΥ  
& ΠΑΝΕΛΛΗΝΙΕΣ ΕΞΕΤΑΣΕΙΣ Γ' ΤΑΞΗΣ  
ΗΜΕΡΗΣΙΟΥ ΕΠΑΛ  
ΕΙΔΙΚΟ ΜΑΘΗΜΑ

ΗΜΕΡΟΜΗΝΙΑ:

15/06/2013

ΕΞΕΤΑΖΟΜΕΝΟ ΜΑΘΗΜΑ:

ΑΓΓΛΙΚΑ

**ΠΡΟΤΕΙΝΟΜΕΝΕΣ**  
**ΑΠΑΝΤΗΣΕΙΣ ΘΕΜΑΤΩΝ**

**ΚΑΤΑΝΟΗΣΗ ΚΕΙΜΕΝΟΥ**

**A1.**

1. To the fact that not enough emphasis is given on critical thinking by formal institutions, something that is focused on more by informal institutions.
2. The expansion of the ability to acquire basic collaborative skills.
3. He is fully related to the Exploratorium, something that is justified with the use of the personal pronoun 'we'.

**ΓΛΩΣΣΙΚΗ ΕΠΙΓΝΩΣΗ**

**A2.** 4-B, 5-A, 6-C, 7-C, 8-A,9-B

**B1.** 10-recession,11-graceful,12-acceptable,13-decision,14-illegal

**B2.** 15-for granted,16-no sooner,17-to leaving,18-provided that,19-more likely

**B3.** 20-D, 21-E, 22-A,23-F, 24 C

**ΠΑΡΑΓΩΓΗ ΓΡΑΠΤΟΥ ΛΟΓΟΥ**

**Γ. Tips and awareness on a healthy lifestyle**

**Maintaining a healthy lifestyle is of vital importance each individual should consider. There is no doubt that our mental and physical state is both important and beneficial.**

Leading a healthy lifestyle sets the grounds for the future. A balanced diet provides not only a long-run life but also a satisfactory way of life. To accomplish this, students can do numerous things. Healthy eating is one, exercising is another. As for eating habits it should be full in fruits, vegetables, meat, fish and dairy products with nutritional values. The latter whatever satisfies somebody. Music lovers, for instance, could go walking or jogging while listening to their favourite musical preference. Besides this, they should avoid indulging in bad habits that their peers acquire. Trying to fit in is not an excuse to start smoking for example. Another non beneficial habit is the excessive use of modern technological equipment. Sitting in front of a computer screen is neither to the students' advantage nor to their health.

To sum up, to obtain all the above measures should be taken from an early age. After all, it is up to each and everyone of us what kind of lifestyle we want to lead.

