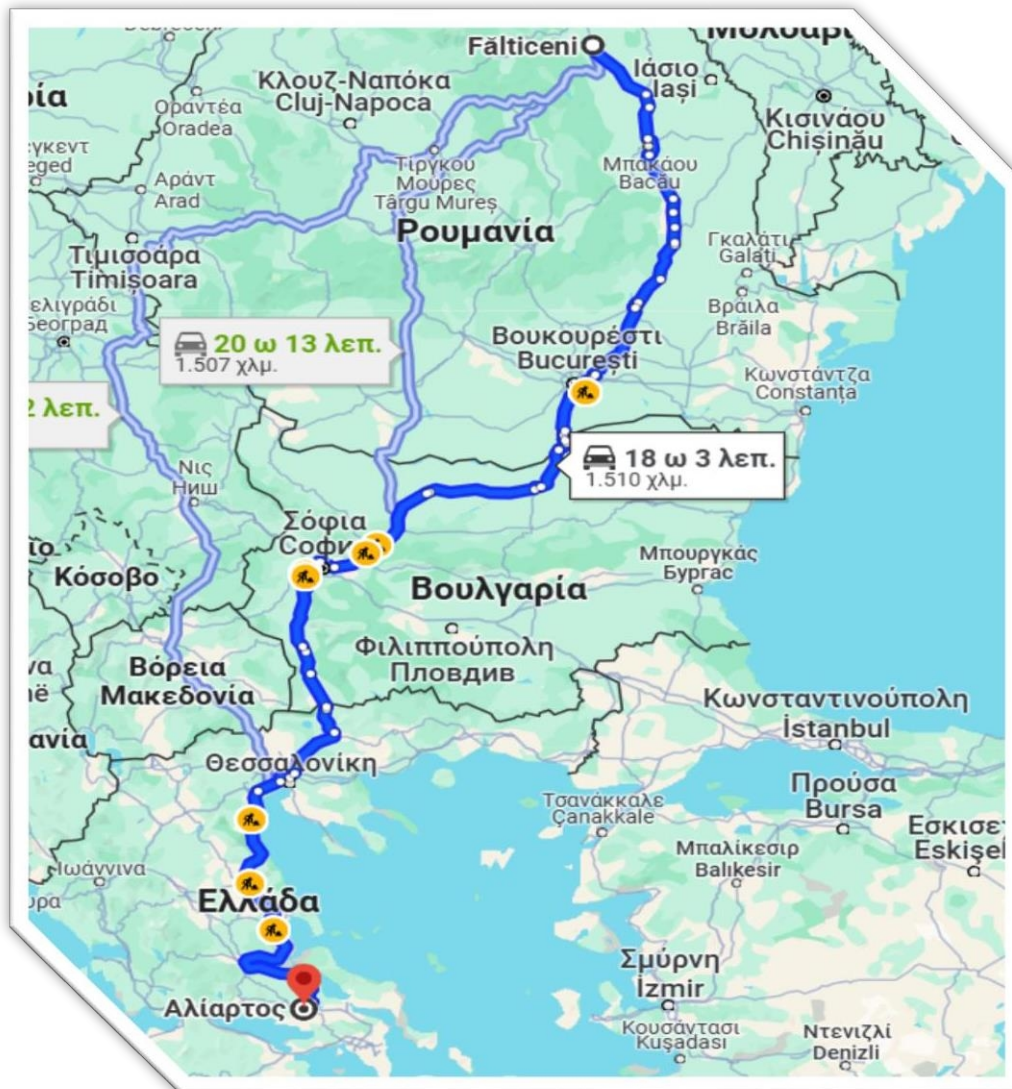




From FALTICENI (Romania) to ALIARTO (Greece)



Our school - **GEL Aliartou** during the period 22/04/2024 to 26/04/2024 hosted 5 students and one teacher from the city of Falticeni - Suceava in Romania and the school **COLEGIUL NAȚIONAL NICU GANE**.

This school has an Erasmus+ Accreditation (Projectno: 2023-1-RO01 -KA121-SCH-000142177) and asked us to provide them with the corresponding hospitality within the framework of their programme, which our school accepted with great pleasure.

A team of teachers from Aliartos High School developed the hospitality program with the detailed activities per day which is listed below.

Detailed Programme

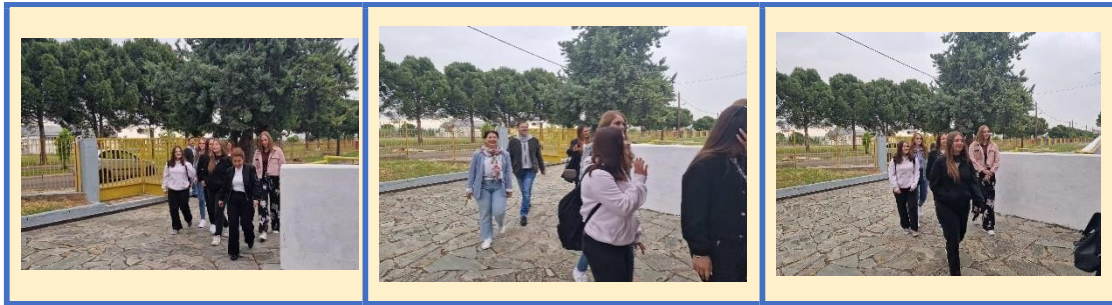
Topic of the programme: bullying (bullying) - recognition and treatment through outdooractivities.

Sunday 21/04/24

- Arrival - Reception at the airport
- Arrival at the hotel in Livadia and tour of the city of Livadia



Monday 22/4/24



○ Arrival at school. **Welcome ceremony** (treats and music).

○ Short welcome **speech** - greeting by the school principal and the guest teacher.



○ **Presentation** on the theme of the programme by the school counsellors Mrs. Argyriou and Mrs. Christodoulou and related activities.



- Presentation of our school (structure, staff, educational system). Presentation of Aliartos (history of the town and its location with photographic material).



- Break

This was preceded by the pairing of students into **buddies**, with the creation of small groups of students. Thus, the visiting students were able to chat and get to know students from our school before their arrival, knowing that **their** buddies would help them in case of any questions during the program.

Ice-breaking activities with the participation of the students of the **first grade**:

1. **Memory game**: names and moves

The students formed a big circle and in turn each one said his/her name together with a gesture/body movement. The next student in the circle, before saying their name, had to say the names of the previous students and make their gestures.

2. **Two truths one lie**

In this activity, students were asked to create 3 sentences. As the name of the activity suggests, two of the sentences would be based on the truth while the third would not. The students would then discuss with each other to find the lie.

Having completed our planned activities, we played a **game** prepared by the visiting students. They had printed out **cards** with subordinate clauses, which our students were asked to fill in. More specifically, our students randomly chose a card, read it out loud, filling it in (e.g. When I get stressed... / I feel happy when...).

Walk and tour **in the** town of Aliartos and the gardens.



Tuesday 23/04/2024

The activities on Tuesday were attended by the students of the **second grade** of our school.

1. Interactive theatrical performance.

6 of our students had prepared a short play with the following roles: 1 **victim**, 1 **perpetrator**, 3 student **spectators** and 1 **teacher**. Our setting was the classroom:



The guest students and the rest of the students of the second grade, watch a short play, where they see bullying unfold before their eyes. The 3 students in the "classroom" remain spectators, contributing to the problem as well as the teacher who seems indifferent and does not seem to take a stand. Once the play is over, the students express their feelings and discuss bullying. Then, the same play begins. This time, however, the "audience" has been asked to stop our story by saying STOP, taking on one of the roles in order to change the plot and outcome.

2. One step forward

Our students created a series in our school yard. Upon hearing questions, they stepped forward when their answer was positive or stayed in place if they wanted to be neutral.



At the end of the activity, the students were at different points (the line was no longer there). Why did this happen? The students commented and discussed.

3. Kahoot Game

In one of our classrooms, using the interactive whiteboard we played Kahoot.



4. Activity to complete our personal "shields".

Our students completed their "shields" with their goals, a motto for their lives and their strengths. Everything they filled out forms their shield to face difficulties and potential obstacles.



5. Traditional games in the schoolyard.

Our students had the opportunity to play traditional games (Greek and Romanian) with the visiting students with ball, hoops, rope, etc. The aim was not only to play but also to get into the process of describing these games and explaining the rules. For this reason, they could not choose familiar games such as football or basketball.



Wednesday 24/04/2024

Day trip to **Athens** with the students of the **1st** and **3rd** grade. We visited the Acropolis Archaeological Site, the Museum, Plaka and Monastiraki.



To consolidate the information, the students played an educational game game
(escaperoom:

<https://view.genial.ly/6623cabfa172a80014521267/interactive-content-acropolis-museum-escape-room>).

Thursday 25/04/2024

Day trip to Delphi (Museum and Archaeological site) and Antikyra with the students of the **2nd** grade.



To consolidate the information, the students played an educational game with the game (escaperoom:<https://view.genial.ly/662141ea6c991f0014d77e3d/interactive-content-delphi-museum-escape-room>).

Friday 26/04/2024

On the last day of the project, the whole school participated.

1. Presentation on bullying

The guest students gave a presentation on the topic and a video screening.



2. Traditional songs

One of the guest students sang traditional Romanian songs.



3. Award of certificates of participation

Both the visiting students and their teacher were given certificates of participation in the programme and gifts of local products.



4. Buffets

5. Formation of the word "LOVE" with our bodies and drone filming

6. Traditional dances of Greece and Romania

Evaluation - Questionnaire

Farewell

[The impressions of the guests](#)

It is the second year that the "Nicu Gane" National College, Falticeni, Romania, is running Erasmus+ activities, within the Accreditation for School Education, both for teachers and students. Thus, between April 22-26, 2024, 5 enthusiastic students, together with teacher Viorica Benta, had the opportunity to live this unique experience in Greece, combining intercultural education with adventure and discovery.

The group mobility, which took place in the Senior High School of Aliartos, focused on the project's objectives: preventing and combating the phenomenon of bullying and organizing outdoor activities. Thus, the students and teachers from the two schools worked in teams to solve various tasks, including using digital means, participated in games for getting to know each other, emotional balance, awareness of European values and aimed at showing respect and tolerance towards other cultures. After 5 days of interaction, the students returned to the country with a much richer cultural baggage, proving that they have enriched their social, civic and linguistic skills.

All participants were strongly impressed by their learning experiences in Greece, which they will capitalize on in the future, both as students and as European citizens. The opinions of the 5 girls involved in this mobility are telling:

"Our participation in the Erasmus+ program in Greece, where we explored both the topic of bullying and the role of outdoor activities, was a deep and educational experience. We had the opportunity to work together with colleagues in Greece, share perspectives and find creative solutions to the problem of bullying in the school environment. This experience helped us develop empathy, understand the negative impact of bullying behaviors and promote a positive and inclusive school climate." testified Fatu Laurentia, student in the 11th grade of F

"During the Erasmus project in Greece, I interacted with students from the host school during games, learned about bullying and explored Greek culture. I also made a lot of new friends, creating connections that I will always appreciate." added Ionita Andrada, student in the 11th grade of E.

The promotion of outdoor activities also allowed the organization of thematic trips to important archaeological sites, such as the Acropolis and Delphi, symbols of Greek civilization. At the museums visited - of Archaeology, in Athens and in Delphi - the students discovered the treasures and artifacts that illustrate the rich cultural heritage of Greece.

"This whole Erasmus+ experience represented for me an important lesson about tolerance, friendship, respect and cooperation."

oisfance, **rm** sure **wiii** last, ano oiscovereo me rascinafing cuiture oT /"ireece wrtn the help of our hosts." added Bianca Aioanei, student in the 10th grade of F.

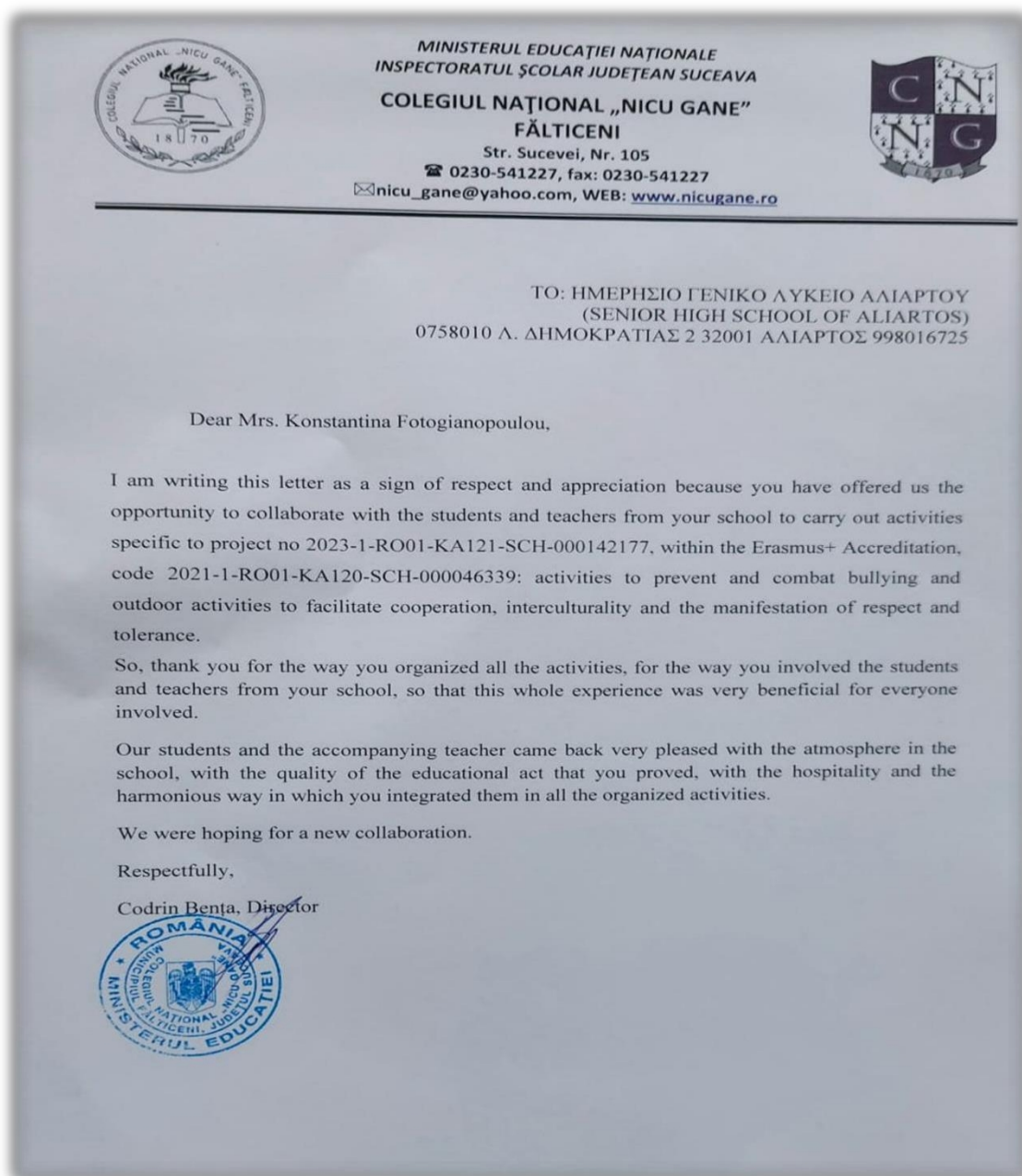
But the Erasmus experience wasn't just about discovering Greek history and culture. The students also had the oppDrtnuity to interact with other young people from various corners of Europe, exchanging ideas, customs and views on the world.

"Participating **in** the Erasmus program **in** Greece was one of the most memorable and edifying of my experiences. What I liked the most were the children and especially the teachers. From the moment we arrived at their school, we were greeted with warm smiles and curiosity to get to know each other. We spent many pleasant moments playing together and exchanging cultural experiences, **which** made this experience really special. The teachers were also incredibly friendly and empathetic. They were always available to give us advice and help whenever we needed it." declared Pavöl Denisa, student **in** the 11th grade of F

Dominte Giulia, a student **in** the 10th grade, testified: "In this unforgeLable mobility I learned to cooperate to **solve** certain problems **and to** communicate **beLer in English**. The proposed activities were also very well structured, they helped **me** to be more responsive in some situations and to communicate more easily. After this trip, I was left with beautiful, unforgettable memories and wonderful friends."

Returning home brought with it not only fond memories of Greece, but also an increased determination to be actively involved **in** promoting a healthy and inclusive school and social environment. Their Erasmus+ experience was not only a cultural journey, but also an important step **in their** formation as responsible and **empathetic** citizens, ready to make a difference **in** society.

The letter sent to us by the Director of the Romanian School



Epilogue

Students and teachers of our school participated in outdoor and anti-bullying activities, together with a teacher and students from the school "Nicu Gane", from the city of Fălticeni, Romania. By participating in these activities they developed their social and communication skills, strengthened their cooperation skills and intercultural understanding, practiced communication in English, adopted attitudes of tolerance and respect towards other cultures.

The benefits for the teachers and for all the students of our school are many and significant and we wish to participate in such programmes again.