



Experimental Senior-High School of Patras

ENGLISH COURSE

2015-2016

SHOPPING

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Shopping is the activity that many people in the world do for enjoyment or from necessity.

Shopping is helpful for people to buy products which help them to survive, but it is negative in case people are addicted to it and spend a lot of time in department stores or in shops that have very expensive products which attract the consumers.



CLOTHES

Clothes are **one of the most important things in our life**. They protect people from the heat of the sun or from the cold in winter.

On the other hand, clothes cause competition among people for the **fashion**.

Consequently, clothes help the humanity to evolve and change progressively.



Food

Food is necessary for the people because it **offers nutrients** that help the organism to grow up.

On the other hand, people like **junk food** a lot and that causes addiction.

Finally, a **good diet with selective food** is a perfect start to be a good athlete. For that reason, people should choose a well-structured diet with **vegetables and fruits** to avoid junk food.



Thank you!

