

Simple Past – Κανόνες, Κλίση & Ασκήσεις

Ο **Simple Past** χρησιμοποιείται για να μιλήσουμε για πράξεις που έγιναν και ολοκληρώθηκαν στο παρελθόν σε συγκεκριμένη χρονική στιγμή.

1. Κανονικά ρήματα (Regular Verbs)

1.1 Κανόνες σχηματισμού

✓ **Κατάφαση:** Προσθέτουμε **-ed** στο τέλος του ρήματος. I open → I opened

✓ **Άρνηση & Ερώτηση:** Χρησιμοποιούμε "did" + βασική μορφή του ρήματος.

Άρνηση: I **didn't** open

Ερώτηση: **Did** I open?

Κανόνες

- Προσθήκη **-ed**
- Αν το ρήμα τελειώνει σε **-e**, προσθέτουμε **-d**
- Αν το ρήμα τελειώνει σε σύμφωνο + **y**, φεύγει το **y** και προσθέτουμε **-ied**
- Αν το ρήμα είναι μονοσύλλαβο, τελειώνει σε ένα σύμφωνο και πριν υπάρχει ένα μόνο φωνήεν, τότε διπλασιάζουμε το τελευταίο σύμφωνο
- Αν το ρήμα τελειώνει σε **l** ή
- αν το ρήμα τελειώνει σε **r** ακι τονίζεται στη λήγουσα τότε διπλασιάζει το **l** ή το **r** αντίστοιχα

Παράδειγμα

play → **played**

want → **wanted**

love → **loved**

use → **used**

cry → **cried**

study → **studied**

stop → **stopped**

travel → **travelled**

prefer → **preferred**

1.2 Κλίση Regular Verbs

Positive	Negative		Question
	<i>Long form</i>	<i>Short form</i>	
I finished	I did not finish	I didn't finish	Did I finish?
You finished	You did not finish	You didn't finish	Did you finish?
He finished	He did not finish	He didn't finish	Did he finish?
She finished	She did not finish	She didn't finish	Did she finish?
It finished	It did not finish	It didn't finish	Did it finish?
We finished	We did not finish	We didn't finish	Did we finish?
You finished	You did not finish	You didn't finish	Did you finish?
They finished	They did not finish	They didn't finish	Did they finish?

1.3 Ασκήσεις για Regular Verbs

Άσκηση 1: Συμπλήρωσε τις προτάσεις με τη σωστή μορφή του ρήματος (κατάφαση).

1. Yesterday, I _____ (walk) to school.
2. She _____ (dance) a lot last night.
3. They _____ (study) for the test.
4. He _____ (play) Hamlet in the movie.
5. We _____ (stop) the new project.
6. She _____ (travel) to Italy last summer.
7. You _____ (like) that cheesecake yesterday.
8. He _____ (prefer) to move to the UK two years ago.
9. He _____ (finish) his studies in 2022..
10. The baby _____ (cry) a lot last night.

Άσκηση 2: Μετάτρεψε τις προτάσεις σε άρνηση.

1. I finished my homework. → **I** _____ my homework.
2. They played football. → **They** _____ football.
3. She cooked dinner. → **She** _____ dinner.
4. We played tennis three days ago. → **We** _____ tennis three days ago.
5. You watched TV late at night. → **You** _____ TV late at night.
6. It barked in the night. → **It** _____ in the night.
7. He helped me yesterday. → **He** _____ me yesterday.
8. You washed the floor very well last week. → **You** _____ the floor very well last week.
9. I tidied my room in the morning. → **I** _____ my room in the morning.
10. We cleaned the house two days ago. → **We** _____ the house two days ago.



Άσκηση 3: Σχημάτισε ερωτήσεις για τις προτάσεις.

1. He visited his grandparents. → _____ he _____ his grandparents?
2. They travelled to Spain. → _____ they _____ to Spain?
3. They preferred to stay home. → _____ they _____ to stay home?
4. She designed a trendy dress. → _____ she _____ a trendy dress?
5. We cleaned the floor. → _____ we _____ the floor?
6. She walked the dog. → _____ she _____ the dog?
7. You picked some flowers. → _____ you _____ any flowers?
8. I turned off the lights. → _____ I _____ off the lights?
9. He closed the window. → _____ he _____ the window?
10. You carried my bag for me. → _____ you _____ my bag for me?

2. Ανώμαλα ρήματα (Irregular Verbs)

Τα ανώμαλα ρήματα δεν σχηματίζουν τον Simple Past με **-ed**, αλλά αλλάζουν μορφή.

2.1 Δες παραδείγματα:

be-was/were-been=είμαι	meet-met-met=συναντώ
break-broke-broken=σπάζω	read-read-read=διαβάζω
begin-began-begun=αρχίζω	run-ran-run=τρέχω
buy-bought-bought=αγοράζω	say-said-said=λέω
do-did-done=κάνω	sit-sat-sat=κάθομαι
drink-drank-drunk=πίνω	sleep-slept-slept=κοιμάμαι
eat-ate-eaten=τρώω	speak-spoke-spoken=μιλώ
fall-fell-fallen=πέφτω	swim-swam-swum=κολυμπώ
feel-felt-felt=αισθάνομαι	see-saw-seen=βλέπω
find-found-found=βρίσκω	send-sent-sent=στέλνω
fly-flew-flown=πετώ	take-took-taken=παιρνω
give-gave-given=δίνω	think-thought-thought=σκέφτομαι
go-went-gone=πηγαίνω	teach-taught-taught=διδάσκω
have-had-had=έχω	tell-told-told=λέω
keep-kept-kept=διατηρώ	understand-undrestood-understood=καταλαβαίνω
know-knew-known=γνωρίζω, ξέρω	wear-wore-worn=φορώ
leave-left-left=φεύγω, αφήνω	win-won-won=κερδίζω
lose-lost-lost=χάνω	write-wrote-written=γράφω
make-made-made=φτιάχνω	

2.2 Κλίση Irregular Verbs (π.χ. "go" → went)

Κατάφαση	Άρνηση	Σύντομη άρνηση	Ερώτηση
Ρήμα (go) πηγαίνω			
I went =πήγα	I did not go	I didn't go	Did I go?
You went=πήγες	You did not go	You didn't go	Did you go?
He went=αυτός πήγε	He did not go	He didn't go	Did he go?
She went=αυτή πήγε	She did not go	She didn't go	Did she go?
It went=αυτό πήγε	It did not go	It didn't go	Did it go?
We went=πήγαμε	did not go	We didn't go	Did we go?
You went=πήγατε	did not go	You didn't go	Did you go?
They went=πήγαν	did not go	They didn't go	Did they go?

2.3 Ασκήσεις για Irregular Verbs

Άσκηση 1: Συμπλήρωσε τις προτάσεις με τη σωστή μορφή του ρήματος.

1. I _____ (go) to the cinema last night.
2. She _____ (see) a bird in the park.
3. They _____ (eat) lunch at a restaurant.
4. You _____ (leave) early.
5. He _____ (meet) a beautiful woman.
6. They _____ (sit) outside.
7. It _____ (sleep) all day.
8. We _____ (tell) the truth.
9. You _____ (write) a wonderful poem.
10. She _____ (teach) English.



Άσκηση 2: Μετέτρεψε τις προτάσεις σε άρνηση.

1. He had breakfast. → **He** _____ breakfast.
2. We came late. → **We** _____ late.
3. I flew to Italy. → **I** _____ to Italy.
4. She ran a marathon race. → **She** _____ a marathon race.
5. You spoke English. → **You** _____ English.
6. They swam in the river. → **They** _____ in the river.
7. I ate a sandwich. → **I** _____ a sandwich.
8. It drank some water. → **It** _____ any water.
9. She bought a nice book. → **She** _____ a nice book.
10. We lost key. → **We** _____ a key.

Άσκηση 3: Σχημάτισε ερωτήσεις.

1. She did her homework. → _____ **she** _____ her homework?
2. I took a nap. → _____ **I** _____ a nap?
3. He said that. → _____ **he** _____ that?
4. We wore our boots. → _____ **we** _____ our boots?
5. They understood the exercise. → _____ **they** _____ the exercise?
6. It did it. → _____ **it** _____ it?
7. You fell down. → _____ **you** _____ down?
8. I felt awful. → _____ **I** _____ awful?
9. You gave me a hand. → _____ **you** _____ me a hand?
10. We knew the truth. → _____ **we** _____ the truth?

3. Μικτές Ασκήσεις (Regular & Irregular Verbs)

1. I _____ (watch) a movie and then I _____ (go) to bed.
2. He _____ (study) for the exam but he _____ (forget) his notes.
3. We _____ (play) football and we _____ (have) fun.
4. They _____ (forget) the lights on.
5. She _____ (break) her leg.
6. It _____ (begin) a pilates class.
7. She _____ (hate) this.
8. You _____ (finish) work late.
9. I _____ (find) the test difficult.
10. He _____ (clap) his hands.

