

# New Year's & RESOLUTIONS



A **resolution** is a promise you make to yourself about things you want to do this year to **improve yourself**. It is a tradition for people to make resolutions at the beginning of a new year. There are different kinds of resolutions about health, habits, our family and friends, things we have, activities we do or beliefs we have. Write 2 resolutions for each of the following categories.

2

## PERSONAL

Write 2 resolutions about yourself e.g. food, sports, TV, computer games, activities, family or friends  
e.g. *This year **I will eat** less chocolate.*

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Write 2 resolutions about 2 different things you **want to try** this year

2

## SCHOOL

Write 2 resolutions about how you will **improve at school** or **behave better to your classmates / teachers**

5

Write 2 things you **won't do** this year



Let's make a classroom poster  
with our New Year  
Resolutions! This way we will  
remember to keep them!!



Have you made any **plans** for this weekend? What **are** you going to do?



*I'm going to sleep late on Saturday morning.*

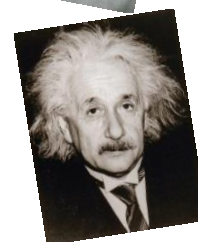
*On Saturday afternoon.....*

*On Sunday morning.....*

*On Sunday evening.....*



You have found a page from a famous person's **diary**. Work **in groups** to write his/her plans using going-to future. Then tell the class about them. Can they guess whose diary it is?



**MARCH**

**THURSDAY 20**

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**FRIDAY 21**

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**SATURDAY 22**

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**NOTES**

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