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Erasmus+ Programme
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Digital Citizenship from Academic Milieu
#DigiC@M
Project no: 2023-1-SE01-KA210-SCH-000154739



Leading Organization: 1st Junior High School of Markopoulo Greece

Agenda- #DigiC@M

Activity Title: Digital Rights, Responsibilities and Digital Health

Greece-Markopoulo (09-15 February 2025)

Sunday 9 February, 2025

Arrival of Turkey – AIA Airport at 16.55, transfer to Markopoulo (By car)

Arrival of Sweden – AIA Airport at 13.25, transfer to Markopoulo (By car)

Arrival of Italy – AIA Airport at 11.50, transfer to Markopoulo (By car)

Day 1 - Monday 10 February 2025 (08:20 -13.20)

Morning: Participants' arrival at school

Students and teachers from partner schools (Sweden, Turkey, Italy) arrive and are welcomed by the host school

Welcome Meeting and Ice-Breaking Activities

Welcome session: Introduction to the mobility, objectives, and overview of the week's agenda

Ice Breaking Activity - *Let's find someone who...*

Video... of our town-country(Greece, Italy, Turkey, Sweden)

Activity - Wheel of names: Spin to win ...your position in the team(*participants are divided into mixed groups*)

School tour

Understanding Digital Rights and Responsibilities

Presentation: Overview of digital rights and related responsibilities with Q&A (*Greek students present*)

Surprise activity - The M Challenge....for breaking the icein the team (*with a dash of sweetness*)

Activity - Word Cloud creation....on R&R (group work): Team activity - online word cloud

Activity: Personal Data (kahoot game): online team game on personal digital data

Walking tour in Markopoulo, Markopoulo Social Services Centre, Senior High School of Markopoulo

Students return to the host families

Lunch (13.30)

Afternoon: Free time

Evening: Welcome Dinner (Teachers) (19.30-22.00)



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Day 2 – Tuesday 11 February 2025 (08.20-17.00)

Half day cultural trip to Athens, the capital city of Greece

Morning: Visit to Athens (guided walking tour of historical landmarks in Athens)

On foot activity -The past meets the present in an innovative way: Our students as modern digital citizens will use the COSMOTE CHRONOS app(technology of augmented, Virtual Reality, artificial intelligence) and will experience a comprehensive journey on the rock of the Acropolis

Discussion: How ancient Greek democracy relates to modern-day digital rights and responsibilities

Visit of the Parthenon, Visit of the Ancient Market/Agora

Lunch(13.30): at a local restaurant in the historical centre of Athens

Free Exploration (Time to explore the city in groups)

Late afternoon: Return to Markopoulo by public transport

Afternoon Session

Creative activity: "If you reveal your secrets to the wind, do not blame the wind for revealing them to the trees."
— Kahlil Gibran

Inspired by this phrase each team has to create a poem and a draw on digital rights, responsibilities and personal data and upload it on the padlet

Students return to the host families

Evening: Dinner (Teachers) (20.00-22.00)

Day 3 – Wednesday 12 February 2025 (08.20-18.00)

Morning: Day trip to Nafplio, the first capital city of Greece

Afternoon: Return to Markopoulo

Students return to the host families

Evening: Dinner (Teachers) (19.00-22.00)



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Day 4 – Thursday 13 February 2025 (08.20-13.20)

Morning Session: Exploring Digital Health

Workshop: Screen time management, online well-being, and balancing technology use

Activity - Online game on Digital Health(quizizz)- Reflecting on our digital habits(individual activity)

Group discussion: Participants share personal experiences and brainstorm strategies for healthy digital habits

Collaborative project: Each group creates a Voki promoting good digital habits

Music Festival at school Performance by the Encardia band

Visit of a local winery- Panagiotou Winery

Students return to the host families

Lunch (14.30)

Visit to Porto Rafti (walking tour- sightseeing)

Evening: Cultural Night(Teachers and students) **(19.00-22.00)**

Day 5 - Friday 14 February 2025 (08.20-13.20)

Morning Session: Final Reflections

Activity: Jigsaw online game -DigiC@M Erasmus logo

Group reflections: Group Discussion on what was learned during the week about digital R&R and digital health

Evaluation: Students complete an evaluation form with regard to the Greek mobility program

Video: Video of each one of the mobilities

Certificates: Both students and teachers are given the presentation certificates

Greek Folklore dancing lesson by The Folk Dance and Folklore Group of Markopoulo and Porto Rafti "Myrrinous"

Visiting Markopoulo municipality

Students return to the host families

Lunch (13.30)

Afternoon: Departure of the Turkish team for Istanbul at 18.00

Departure of The Italian team for Rome at 19.25

Evening: Dinner (Swedish and Greek Teachers) (19.00-21.00)

Saturday 15 February 2025

The Swedish team departs for Stockholm at 12.50