

# BULLYING

A child's hands are held up in front of their face, with the word 'STOP' written on the left palm and 'Bullying' written on the right palm. The child's eyes are visible through the fingers. The background is a blurred school hallway with lockers and a bulletin board.

Steps We Can Take  
as a School  
Community

# BULLYING

**Bullying is exposing a person or group to abusive actions repeatedly over time. Bullying is a form of violence. It involves a real or perceived imbalance of power, with the more powerful child or group attacking those who are less powerful.**





# BULLYING

## Direct Bullying and Actions

- ✧ Bullying may be physical (hitting, kicking, spitting, pushing)
- ✧ Verbal (taunting, malicious teasing, name calling, threatening),
- ✧ Emotional (spreading rumors, manipulating social relationships, extorting, or intimidating).
- ✧ Bullying can occur face-to-face or through electronic media.





# BULLYING

## Indirect Bullying (Difficult to Detect)

- ✧ Humiliating student(s) in front of friends and others
- ✧ Rejecting and excluding student(s)
- ✧ Manipulating friends and relationships
- ✧ Sending cruel and hurtful messages through e-mail or notes
- ✧ Use of electronic media to deliver hurtful and threatening messages
- ✧ Internet website posting in order to provide a greater forum to victimize student(s) and invite others to join



# BULLYING

## Bullying Defined: CEC 48900 (r)

### **(r) Engaged in an act of bullying. For purposes of this subdivision, the following terms have the following meanings:**

- (1) "Bullying" means any severe or pervasive physical or verbal act or conduct, including communications made in writing or by means of an electronic act, and including one or more acts committed by a pupil or group of pupils as defined in Section 48900.2, 48900.3, or 48900.4, directed toward one or more pupils that has or can be reasonably predicted to have the effect of one or more of the following:
  - (A) Placing a reasonable pupil or pupils in fear of harm to that pupil's or those pupils' person or property
  - (B) Causing a reasonable pupil to experience a substantially detrimental effect on his or her physical or mental health
  - (C) Causing a reasonable pupil to experience substantial interference with his or her academic performance
  - (D) Causing a reasonable pupil to experience substantial interference with his or her ability to participate in or benefit from the services, activities, or privileges provided by a school



# BULLYING

## Bullying Defined: CEC 48900 (r)

### **(r)** *continued...*

- (2) "Electronic act" means the transmission of a communication, including, but not limited to, a message, text, sound, or image, or a post on a social network Internet Web site, by means of an electronic device, including, but not limited to, a telephone, wireless telephone or other wireless communication device, computer, or pager
- (3) "Reasonable pupil" means a pupil, including, but not limited to, an exceptional needs pupil, who exercises average care, skill, and judgment in conduct for a person of his or her age, or for a person of his or her age with his or her exceptional needs.

# BULLYING

According to the American Society for the Prevention of Cruelty to Children (ASPCA)

- ✧ Statistics on Bullying indicate that 160,000 students miss school daily due to bullying.
- ✧ It's reported that 6 out of 10 American youth witness bullying at least once a day.





# CYBER BULLYING

## CYBER BULLYING

is a term used when the method of delivery is through electronic media.

## CYBER BULLYING

occurs when a student or group is harassed, humiliated, embarrassed, threatened or tormented using digital technology.

## CYBER BULLYING

is an act of cruelty to others by sending or posting harmful statements and pictures using technological means for the sole purpose of instilling emotional pain and discomfort on the recipient.



# CYBER BULLYING

## Methods of Delivery:

- ✧ E-mail
- ✧ Cell phones
- ✧ Pager text messages
- ✧ Instant messaging
- ✧ Defamatory personal web sites
- ✧ Defamatory online personal polling web sites





# BULLYING

## Collaborative and Coordinated Next Steps

### Assess Bullying Prevention Needs

- ✧ Collaborate and form a school-based Bullying Committee comprised of teachers, students, parents, community members, administrators, counselors and classified staff to explore the problem and potential anti-bullying solutions.
- ✧ Administer an anonymous student questionnaire to assess the nature, extent, and locations of bullying.
- ✧ Speak with staff and students about their perceptions of bullying in their classroom(s), locations on campus and to and from school. Document staff and student responses.
- ✧ Establish a confidential and safe reporting system for students i.e., email and or drop box
- ✧ Listen to parents and students who report bullying. Never ignore reported Bullying. Investigate and address the issue to avoid ongoing bullying. Protect the student at all times. Notify law enforcement and or Probation as necessary.





# BULLYING

## Establish School Policy and Procedures

- ✧ Provide in-service training on bullying and include all staff members who interact with students.
- ✧ Develop, post, and discuss rules and sanctions related to bullying.
- ✧ Increase supervision and or surveillance cameras in areas reported as “hot spots” for bullying and violence in your schools.
- ✧ Encourage teachers to hold class meetings during which students can talk about bullying and peer relations.
- ✧ Provide information to parents about bullying and encourage their involvement in addressing bullying issues.
- ✧ Develop and include Bullying Prevention in your Safe School Plan.

