Criterion sheet for ball passing in basketball

| Instructions: check $\checkmark$ if you believe that you performed | Quintets of trials |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $1^{\text {st }}$ | $2^{\text {nd }}$ | $3^{\text {rd }}$ | $4^{\text {th }}$ | $5^{\text {th }}$ | $6^{\text {th }}$ | $7^{\text {th }}$ | $8^{\text {th }}$ | $9^{\text {th }}$ | $10^{\text {th }}$ |
| Do my thumbs and triggers formulate the letter W as I handle the ball? |  |  |  |  |  |  |  |  |  |  |
| Are my shoulders near my body? |  |  |  |  |  |  |  |  |  |  |
| Do I make a step forward as I extend my hands? |  |  |  |  |  |  |  |  |  |  |
| Do I make a step backwards as I receive the ball? |  |  |  |  |  |  |  |  |  |  |

