## Criterion sheet for ball passing in basketball

Instructions: check √ if you believe that you performed the skill correctly or × if you believe that you need further improvement	Quintets of trials									
	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>
Do my thumbs and triggers formulate the letter W as I handle the ball?										
Are my shoulders near my body?										
Do I make a step forward as I extend my hands?										
Do I make a step backwards as I receive the ball?										