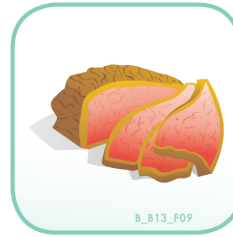
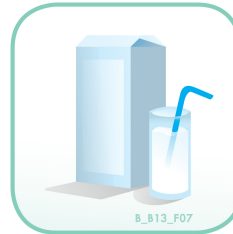


# Let's eat healthy food



B\_B13\_F01-6

B\_B13\_F07-12

sweets cake ice cream chocolate

bread

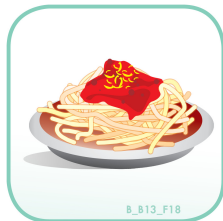
vegetables salad carrot potato

fruit apple pear orange banana

cereals

fish meat chicken

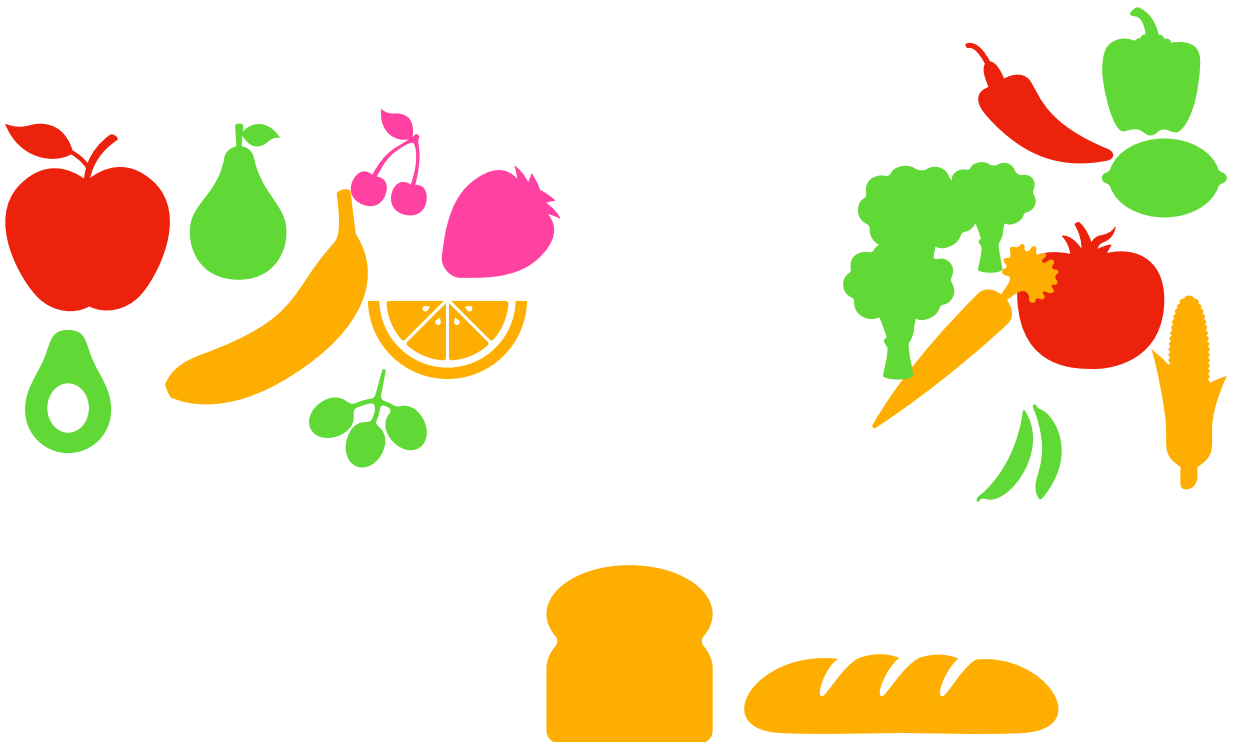
milk cheese butter

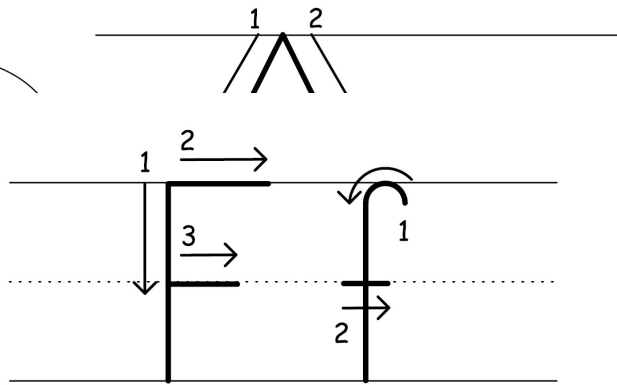
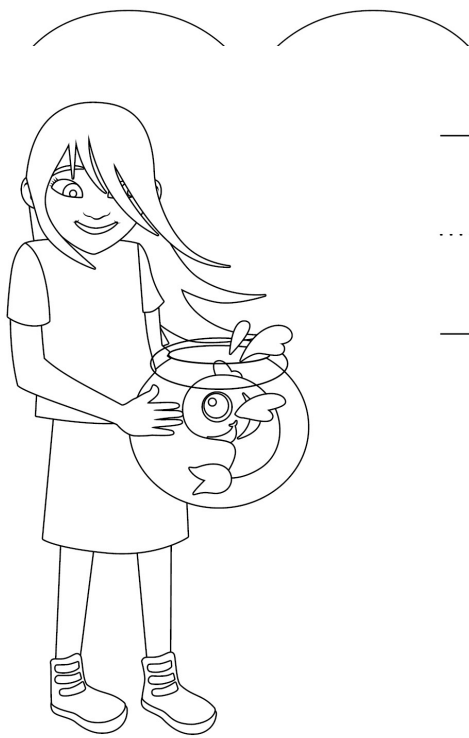


B\_B13\_F13-18

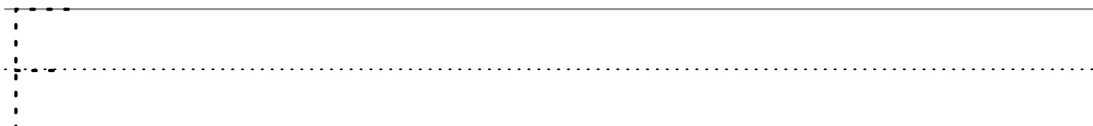


An apple a day sends a doctor away  
Apple in the morning, doctor's warning  
Roast apple at night, starves the doctor outright.  
Eat an apple going to bed, knock the doctor on the head.  
Three each day, seven days a week, ruddy apple, ruddy cheek.





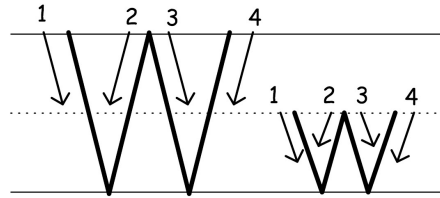
Fanny's fish is in a bowl  
and how he likes to roll!  
Fanny's fish is small  
but Fanny is big and tall!



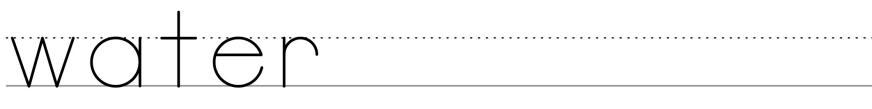
F\_W

fish

water



Water is no food  
but it's very good.  
Water is for me and you.  
It's for the wide world, too!



w\_w



