

GAMES AND SPORTS- GREECE

Relay races

Relay races the way we've come to know them, are the sprinting from a certain starting point to passing a baton to another runner and carrying on the race. Even though that's the Olympic version of the games, most Greek children were raised playing a variation of it that incorporated a combination of fun activities while still maintaining the principles of the original games. So, instead of passing the baton we would include trying to jump inside of straw sacks as fast as we could to get to the finish line, jumping over obstacles or even holding eggs with spoons and trying to deliver them to the next player as fast as possible without damaging it!



"Rope"

A popular game PE teachers love to make us play (don't worry we love it too), is the rope! The principles of the game are the following:

There are two opposing teams with the same number of players on each. Every player has a number and they are positioned in descending order. Once the teams are settled opposite one another a piece of rope is being placed on the centre equal distance from each team.

The teacher then will yell random numbers and the two students from the opposite teams who have the same number compete to see who will return the rope to their “base”.



“mosque”

The principles of this game are basically a combination of the Dutch game “Apples” and trying to build a small fortress. What this means is, there are two opposing teams but this time, the two teams have to put rocks on top one another and build a small column-like fort. After the preparations are made, one team will get a ball and will have three tries to throw the ball and knock over the “fort”. If they fail, the ball goes to the other team and now it is their turn to try and destroy the other team’s fort. Once they do, the team with the bowl will throw the ball to the players, eliminating whoever the ball hits and the team with the knocked over “mosque” will try to rebuild it before all teammates are out.

