



Erasmus+

'Don't bully me,  
don't discriminate  
me, Include me'

Work done after  
Czech visit

Erasmus Plus Project 2019-2021





Visits to  
places of  
democracy,  
solidarity,  
donation,  
culture,  
arts and  
sciences.



Life stories of the people of the city are exhibited together with the material evidence of their activity.

- Visit to the City of Volos Museum

## History lesson



### Speeches that students heard:

The presence of refugees after the Asia Minor tragedy was the beginning of the modern history of the city. Men and women worked hard so that there could be no more separation, so that there would be no more stereotypes that reproduce inequalities! Gender equality and the decision to protect people's personal choices are the starting point for protecting citizens' rights and social cohesion and prosperity!

## Exhibition they saw:

- It was dedicated to the 90 years since the founding of the refugee settlement in Nea Ionia, as well as the effects of the mass settlement of refugees from Asia Minor in Volos. The exhibition occupies an area of about 1500 sq.m. and contains approximately 765 sq.m. exponential surfaces, 360 photographs, 110 objects and 200 minutes of audio (75 testimonies) and audiovisual material.



## Visit to Acropolis- Athens

- The Parthenon is the universal symbol of the civilization.
- It travels through time with the same message: the constant civilization and humanization of man.





The visit was with  
the A school class



- Because of this symbolism, UNESCO chose it as an emblem of universality and common human history.



- No visitor can leave here without tasting the sacred image of the Parthenon, without walking next to the "temple of man", without feeling the culmination of the human spirit and the common future of all cultures.





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## Talks by experts coming to our school

- Talks about stress with the school psychologist- C class. Boys and girls feel overwhelmed and try to find ways to deal with stress in a joint effort of mutual understanding and mutual support.



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## B class with Mr. Venetis Christos Gynecologist

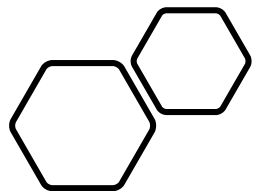
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- . Gender education. Emphasis was placed on the role of both sexes during a relationship that requires respect and understanding. Creating a relationship with understanding and trust strengthens the bonds between the two sexes as the conditions are created for a healthy relationship . Boys and girls learn to respect and love their partner.



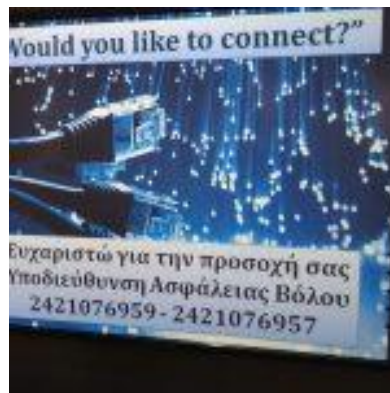
**Students asked many questions and they solved their worries**





## Safe Internet Day

- The officer of Volos Security Sub-Directorate Mr. George Skondras
- in 2 informative meetings in the 5th Highschool of Volos
- spoke in classes B and A about the threats hidden behind the screen,
- and gave useful tips on how to ensure safe navigation in internet.



## Actions:



Students celebrating The Day devoted to Peace as a European Value, made a body chain and gave an international dimension

by singing the song :  
" Imagine" and "Give Peace a Chance"



## Donation to the church for poor before Christmas



The student community of our school with the support of their parents and teachers collected food which was delivered to the HOUSE OF PEACE in the ASSUMPTION PARISH. A delegation of students and teachers

who went to the church were informed by the priest Nikitas Prasinou

about the charitable work that is taking place in the specific parish.





The president of the Red Cross in Volos, Mr. Dimitris Koutroubas, came to our school and talked to children.

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- The students became aware of the issues of volunteering
  - The Red Cross has a long history and they talked about support and assistance that provide voluntarily to all people in need like nowadays for the war in Ukraine





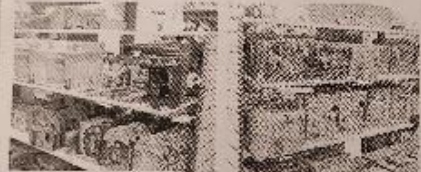
ACTIVITY 1

Imagine that you are to give a talk, at a parents and teachers' association meeting, about why they should care about gender-stereotyped toys. Write the text (about 300 words) for your brief talk, inspired by the article on

FAMILY ATTACHMENT

Why does gender-stereotyped marketing matter?

- ↳ Kids should decide for themselves what they think is fun. Why put these limits on play?
- ↳ Play matters. Children need a wide range of play to develop different skills.
- ↳ Marketing matters. Directing consumers in this way is restricting children's play.
- ↳ The real world has moved on. These gender stereotypes are out of date.



**Play matters**  
Play is crucial to how children develop and learn about the world. In education, it's recognised that children need access to a range of toys and play experiences. Toys focused on action, construction and technology hone spatial skills,

foster problem-solving, and encourage children to be active. Toys focused on role play, and small-scale themes, allow them to practise social skills. Arts & crafts are good for fine motor skills and performance. However, many stores divide toys into 'male boys' and 'female girls' sections. Action, construction and technology toys are predominantly marketed to boys while social role play and arts and crafts toys are predominantly marketed to girls. Both boys and girls miss out this way.

**Stereotypes matter**

Children don't grow out of their attitudes, which with expectations about their future careers, or beliefs about what their world is worth, but the stereotypes we see in toy marketing cement with the inequalities we see in adult life. As a matter of fact, research shows that, by late primary ages, children already have very clear ideas about the jobs that are suitable for boys and girls, ideas that are very hard to shake later on. Themes of glamour and beauty in toys and playthings directed at even the youngest girls slip over into a wartime emphasis on outward appearance. She covered



# English School Book writing essays articles

• In the English lesson we learn through paper articles

or texts about Human Rights, Gender Violence, Refugees and other issues.

• We make role-plays, watch videos, draw and complete different exercises.

a. smuggling	1. A form of slavery involving the illegal trade of people for exploitation or commercial gain
b. human trafficking	2. A form of slavery involving the illegal trade of people means involving movement across borders, usually by illegal means
c. stateless person	3. A child without the presence of a legal guardian
d. settlement	4. The removal from a country of an alien whose presence is unlawful or prejudicial (Merriam-Webster Dictionary)
e. deportation	5. A person who is not considered as a national by any state under the operation of its law (1954 Convention)
f. unaccompanied minor	6. The process of moving people to a different place in the area where they used to live (Collins English Dictionary), because they are no longer allowed to stay

**Thank you for  
your attention**

**5th lyceum of Volos,  
Greece**

