Τού 3ου Δημοτικού Σχολείου Ωραιόκάστρου

Εφημερίδα του 3ου Δημοτικού Σχολείου Ωραιοκάστρου Έντυπη και Διαδικτυακή Έκδοση Ιστοσελίδα: http://blogs.sch.gr/3dimorai 7ο Ακαδημαϊκό Έτος 90° Φ. Παρασκευή 10 Δεκεμβρίου 2021

Γυμνάζομαι άρα ζω!

Στο πλαίσιο του προγράμματος Erasmus+ του σχολείου μας, με τίτλο Healthy Active Sports, οι μαθητές μας από τις τάξεις Δ, Ε και ΣΤ ασχολήθηκαν με δύο θέματα: τους αγαπημένους τους αθλητές και παράξενα σπορ απ' όλο τον κόσμο. Το τεύχος της εφημερίδας είναι αφιερωμένο στην άθληση και σε αθλητές που ξεχωρίζουν! Αθλούμαστε λοιπόν γιατί...

Η γυμναστική είναι ένας τέλειος τρόπος:

- να βελτιώσουμε την φυσική μας κατάσταση
- να μειώσουμε το άγχος μας
- να γνωρίσουμε το τι μπορεί να κάνει το σώμα μας

Τις εργασίες των μαθητών επιμελήθηκαν οι εκπαιδευτικοί Αγγλικής Γλώσσας Ηλιάδου Βασιλική και Ευαγγελούδη Βάϊα.



ΓΙΑΤΙ ΝΑ ΜΑΘΩ ΑΓΓΛΙΚΑ?

Τα αγγλικά είναι πολύ σημαντικά και πρέπει να τα μάθω επειδή:

Αν συναντήσω τον αγαπημένο μου αθλητή τραγουδιστή, ήρωα ή youtuber θα μπορώ να επικοινωνήσω μαζί του.

Αν θελήσω να ταξιδέψω σε μία άλλη χώρα θα μπορέσω να βρω όλα τα μέρη τα οποία θέλω να επισκεφτώ.

Αν βρω μια δουλειά θα μπορώ να είμαι αυτός που θα ταξιδεύει, θα γνωρίζει καινούρια μέρη

και θα πηγαίνει σε όλες τις όμορφες χώρες του κόσμου για να δει υπέροχα πράγματα.

Θα μπορέσω να κάνω φίλους σε όλο τον κόσυο.

Για αυτούς του λόγους λοιπόν και πολλούς άλλους φυσικά, είναι απαραίτητο να διαβάζω, να ακούω και να μιλάω στα αγγλικά.



Strange, extreme and fun sports from all over the world

For centuries people around the world have had many hobbies to keep them entertained. These sports can be played anywhere and anytime, with the right equipment and in the right place.



Transportation of a woman

A ridiculous sport that started in Finland, is the transport of women. Men carry their wives and run during the race as fast as they can. If the couple wins, the husband wins his wife's weight in beer. This game is very strange, because the prize is an enormous glass of beer.

Dog surfing

You and your dog will pick up a surfboard and surf the waves. All you have to do is train your dog to stay on the board as you cross the waves. Yes it sounds simple, but if the dog falls then you will lose. The prize is for your dog and not for you!!!



Caber Toss

Caber toss is a traditional Scottish sport where athletes throw a long stick as far as they can. The crucial point of the game is not that they have to throw the object beyond the rest, but the player just needs to land in front of it, the top of the cabor, after a full spin in the air and land down. In this sport you will see that there are men who throw a stump and wear skirts.



Cheese Rolling

This sport has been around for more than two hundred years in England and is still played there today. Every year, during holidays people gather at the top of Coopers Hill for a game that is very exciting. On this very steep hill, a judge rolls a head of cheese. When the cheese starts, everyone can chase it, but most of people slip and fall. Whoever wins the game takes home the whole cheese, but he will have been hurt from trying to catch the cheese.



Camel races

Australia isn't famous for camel racing, but camel and horse racing are extremely popular sports. Players often come from the Middle East, such as Bahrain, Jordan, Qatar and Saudi Arabia



THEOFANIA MIKROPOULOU ST' 2

<u>Katerina Stefanidi</u>

Katerina Stefanidi was born in Athens in 1990. She is a famous Greek athlete in pole jumping. She won the gold medal in the 2016 Olympic Games in Rio de Janeiro with a jump of 4.85 meters. She has also competed in the 2012 and the 2020 Summer Olympics. She was named the European Women's Athlete of the Year in 2017 and the Greek Female Athlete of the Year in 2017 and 2019 as well.

Ismini-Maria Tsetseli, Marilena Stathopoulou D'3



TENNIS



Tennis is our favorite sport. The athlete needs sportwear clothes and shoes. To play tennis you need two athletes, two rackets and one ball. The first player should hit the ball over the net to the second player. Then the second player should hit the ball back. The ball should hit the floor only once.

Christina Rimba & Cathy Sorolopi D'3

Hurling: a strange sport



Hurling is an outdoor team game of ancient Gaelic Irish origin, played by men. The objective of the game is for players to use a stick called "hurley" to hit a small ball called "sliotar" between the opponents goalposts, either over the crossbar for one point, or under the crossbar into a net guarded by a goalkeeper for three points.

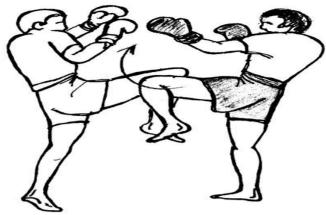
The sliotar can be caught in the hand and carried for not more than four steps, struck in the air, or struck on the ground with the hurley. Hurling is played throughout the world and it is popular in North Australia, South Africa, Argentina and South Korea.

Ismini - Maria Tsetseli, Marilena Stathopoulou $\Delta 3$

kick boxing

Kick boxing is a martial art that combines boxing and kicks. It is an individual sport. It was

originally created as a "mixture" of western boxing with karate. The first kickboxing matches in America began in the 1970s, and on May 17,



1974, Europe first got to know the sport at an event, where 88 European martial arts holders were invited to compete in the new sport. In 1976 it was recognized by the International Olympic Committee (IOC). In Greece, the sport first became famous after the movies of the well-known martial arts athlete Kavaliotis Simos and Zahopoulos.

To play kick boxing you need gloves, kick boxing shorts and a special helmet.

TIMOTHEOS SISKOS & FILIPPOS CHRYSOMALLIS D'3

Αγαπώ τον Αθλητισμό Αγαπώ τους Έλληνες Αθλητές

Τα παιδιά του Στ'1 επέλεξαν τον Γιάννη Αντετοκούμπο ως τιμώμενο αθλητή σ' αυτό το φύλλο της εφημερίδας μας.

