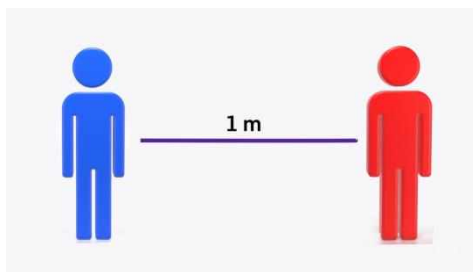# Social Distancing

Social distancing, or physical distancing is a set of non-pharmaceutical **interventions** or measures taken to **prevent** the spread of a contagious disease by **maintaining** a physical distance between people and **reducing** the number of times people come into close contact with each other. It involves keeping a distance of at least two-metres from others and **avoiding** gathering together in large groups. Time distancing is also a form of Social distancing, wherein everyone is a separated by different **time slots** to avoid meeting each other.

By reducing the **probability** that a given **uninfected** person will come into physical contact with an infected person, the **disease transmission** can be suppressed, resulting in less deaths. The measures are combined with good respiratory hygiene and hand washing. During the 2019–2020 coronavirus **pandemic**, the World Health Organization (WHO) suggested the reference to "physical" as an alternative to "social", in keeping with the notion that it is a physical distance which prevents transmission; people can remain socially connected via technology.

Source:

TASK A : Write the meaning of the words in bold. Check the definitions with https://www.yourdictionary.com. You can write a synonym or the Greek translation

TASK B : What's the difference between "physical" and "social" distancing ? Write your answer in a paragraph using up to 60 words