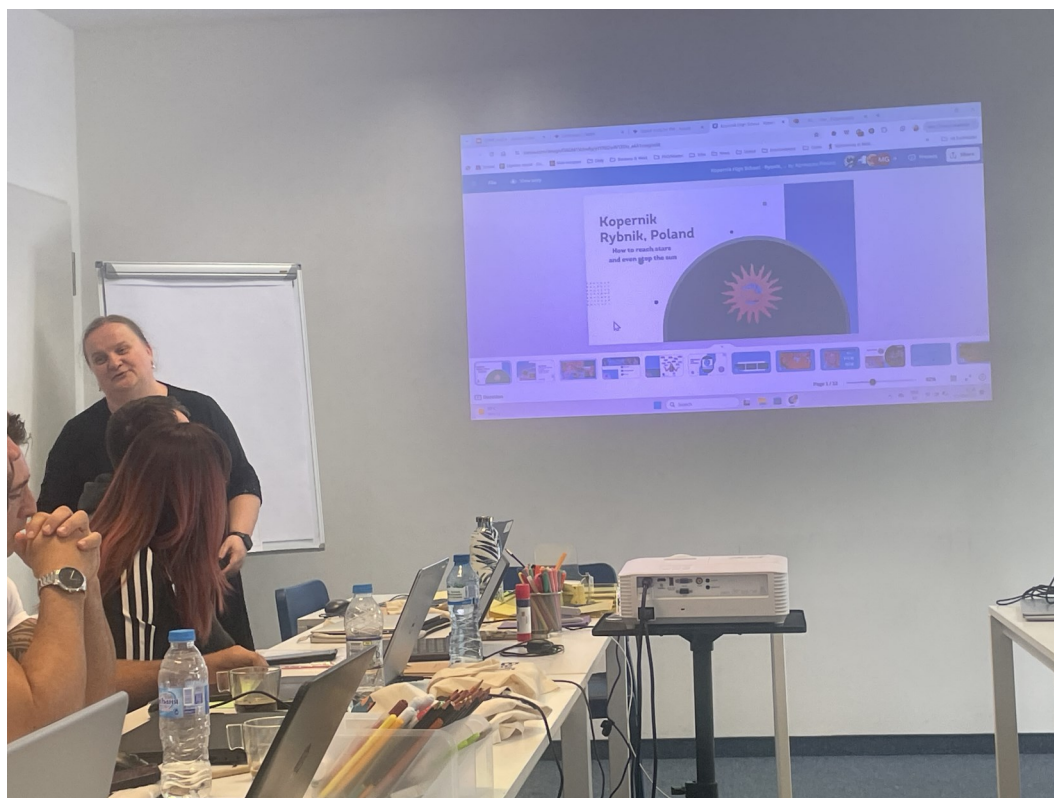


**INTERVIEW****participating in Erasmus programs**

*an interview from our colleague*

**Agnieszka Pielorz**

E. GEMENETZI/ P. ZARIMPA/ E. LAPPA

**How was your experience in the Erasmus program and what was the most unforgettable moment you experienced?**

My Erasmus experience was incredibly enriching, both academically and personally. I had the opportunity to meet many new people, some of whom have become lifelong friends. While I can't pinpoint one particular moment, I can say that every experience in each country and region was unique. This variety

made me more open to new cultures, customs, and traditions, which I believe is the most valuable outcome of my Erasmus experience.

**What skills and knowledge did you acquire during the program and how do you think they will benefit you in the future?**

During the Erasmus program, I gained a lot of different skills. Having the chance to be included in this programme I can say that it is al-

ways up-to-date experience so I can see the changing process in my students, teachers, country but also in Europe and I can address some of the problems together with my colleagues. As specific skills are concerned: new technologies (we were well-prepared for online teaching), taking care of yourself and others (well-being), being confident to go abroad and to send students to different schools.



**What challenges did you face during your participation and how did you overcome them?**

As Erasmus accreditation is concerned in the beginning there was a problem with finding reliable partners. But thanks to European School Education Platform and courses my teachers participated we were lucky to find some partners. However, each year you can face such a challenge. There could be also problems with managing the budget but I suppose it depends on the country!

**How did the Erasmus program influence your view on the education and culture of other countries?**

I think, it broadened my perspective on education and culture, showing me that different countries offer unique academic approaches and cultural practices. It taught me the value of diverse learning environments and deepened my appreciation for cultural exchange, making me more open-minded.

**What advice would you give to future participants in the Erasmus program to make the most of their experience?**

Be flexible! Be interested in people and places! Have a good plan!  
It is good to step out of your comfort zone and connect with people.

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*It taught me the value of diverse learning environments and deepened my appreciation for cultural exchange, making me more open-minded.*