





ALL DISEASE BEGINS IN THE GUT

Project number: 2019-1-PL01-KA229-064917_4

KA2 – Cooperation for Innovation and the Exchange of Good Practices

KA229–School Exchange Partnerships

5th LTTA "Probiotics in daily routine" in Klaipeda, Lithuania

Meeting Programme

Monday 25.04.2022.

10.00 a.m. Welcoming ceremony at school. Icebreaker activities. Visiting the school facilities

1.00 p.m. Lunch at school

2.00 p.m. Walking tour around the city/ Short video competition

Free evening activities - teambuilding, socializing

Tuesday 26.04.2022.

9.30 a.m. Culinary workshops at school. Educational visit to company "Zemaitijos pienas"

1.00 p.m. Lunch at school

2.00 p.m. Working on eBook "Recipes of probiotic-rich foods"/ Short video montage.

Free evening activities - teambuilding, socializing

Wednesday 27.04.2022.

9.00 a.m. Meeting at the hotel lounge and walking to the Old Ferry terminal (Danes St. 1).

10.00 a.m. Taking the ferry to Smiltynė. Moving from the Old Ferry Terminal to the Maritime Museum on foot. Walking distance 1.6 km. 20 min.

10.30 a.m. Visiting the Maritime Museum.

12.00 a.m. The Dolphin Show

12.40 a.m. A bus trip to Curonian Spit/ Nida with a stop for a short hike to Nagliu Dune. Packed lunch, offered by hosting organization

2.00 p.m. Walking tour around Nida, Parnidis Dune.

3.00-4.00 p.m. Lunch at Kuršis restaurant

4.00 - 5.00 p.m. Free time

5.00 - 6.00 p.m. Nida - New ferry terminal, taking a ferry to Klaipeda

Thursday 28.04.2022.

9.30 a.m. Culinary workshops at school

1.00 p.m. Lunch at school

2.00 p.m. Presentation of the eBook "Recipes of probiotic-rich foods" and short videos by the students

18.00 p.m. Dinner for teachers/ Bowling for students - offered by hosting organization

Friday 29.04.2022.

All day trip by bus visiting regional attractions/ Closing ceremony

Direktorius Audrius Kurlavičius