

Interview with Anastasia Efstathiou

By class E, Jan.2023



Mrs Anastasia Efstathiou is our headteacher and an author. She writes many kinds of books. She writes for everyone!

Welcome to our English room! Can you tell us some things about you? How many books have you written? What are the titles?

I have written 20 books.

Do you write for children or adults?

I write books for children and adults.

Why do you write books?

I don't like bad things that happen in the world.

How often do you find ideas and how often do you write books?

Every day I find new ideas but I don't have the time to write all of them.

How much time do you spend to write a book?

It depends on the story. For example "Η Ευχή του Νικόλα" took me a weekend but other books took me some months.

When do you write books? For example, do you work every day?

I write and read every day.

Where do you find ideas for your books?

Inspiration comes from nature, the news, a book or it comes from inside.

When do you write the title of the book?

Titles are important and I am very lucky because editors don't change my titles.

What do you enjoy doing in your free time?

I spend my free time with a lot of people. I take part in the Drama group or the Dance group. I also like walking in nature and cooking. In summer I swim a lot.

Do you read other books to get ideas from?

I read a lot of books.

What kind of books do you read?

Strange stories about the past, poems, articles and novels.

Who's your favourite author?

My favourite authors are Isabel Allende and Nikos Kazantzakis.

Which is your favourite book?

I love all of my books.

Do you read your books?

I usually read my books and I sometimes find mistakes.

Mrs Anastasia thank you for your time.

It was a pleasure.